



# EL'ona Kearney

Transformation Architect • Speaker • Author

Founder of Mindset Reset & CORE Housing Corp



Helping people and organizations move beyond labels through forgiveness with boundaries, identity transformation, political healing, and second-chance workforce transformation.

## Short Bio

EL'ona Kearney is a Transformation Architect, author, speaker, forgiveness coach, former Washington gubernatorial candidate, and founder of Mindset Reset and CORE Housing Corp. Her work helps individuals, organizations, and communities move beyond limiting labels through forgiveness with boundaries, identity transformation, political healing, and real-world restoration.

## Why Organizations Book EL'ona

- Real lived experience, not theory
- Political + personal transformation lens
- Practical tools that move people to action
- Able to connect across divided audiences

## Signature Topics

### • Forgiveness with Boundaries

Healing without losing self-respect or accountability.

### • Who Defined You?

Understanding how identity is shaped — and how to take it back.

### • You're Not Random

Recognizing patterns, triggers, and repeated cycles so people can choose differently.

### • You Are Not What They Called You

Breaking identity labels and reclaiming the narrative.

### • Systems Over Sides

Transforming political division through critical thinking and shared humanity.

### • Second-Chance Workforce Transformation

Helping organizations understand returning citizens, accountability, opportunity, and culture change.

## Available For

✓ Keynotes

✓ Workshops

✓ University Programs

✓ Corporate Training

✓ Media Interviews

✓ Community Events



### Contact & Links

MindsetReset.co | Linktr.ee/ElonaKearney  
Manager: Butch Norman 312-834-1233 | Butch60064@yahoo.com

### BOOK EL'ONA

Move beyond labels.  
Rebuild identity.